



- The ZAP Amputations (Zero All Preventable Amputations) is an initiative led by *Foot in Diabetes UK (FDUK)* aimed at reducing the number of avoidable lower-limb amputations in people with diabetes across the UK.
 - It is a multidisciplinary group of health care professionals that aims to improve diabetes foot care.
 - The group promotes early and equitable access to specialist foot care to prevent delays that often lead to amputations. Such access to specialist foot care should be rapid, and it has stressed that NHS trusts and diabetes services should re-evaluate referral pathways and reduce delay (1).
 - It underlines the concept of “missingness”, as applied to missed appointments that contribute to poor outcomes. It highlights the role of psychological distress and poor health literacy in delaying care, stressing the need to embed mental health support within diabetes services (2).
 - It has encouraged the establishment and support of Multidisciplinary Diabetic Foot Teams (MDFTs), which are recognized as essential to preventing amputations (3).
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 - Its overall aim is to ensure no preventable amputation occurs due to system failures, lack of awareness, or inadequate care pathways.
 - It has prepared Position statements which have been published in *The Diabetic Foot Journal*
1. Morris L, Robbie J, Stang D et al (2023) Delays in getting to specialist care for people with diabetes and foot problems. What are the delays and how can we reduce them — a Position Statement from the ZAP Amputation group of FDUK. *The Diabetic Foot Journal* 26(2): 29–38.
 2. Robbie J, Bewsey C, Stang D, et al (2023)

Zero All Preventable (ZAP) amputations: FDUK position statement on “missingness” and reducing major amputations in the acute diabetic foot pathway. *The Diabetic Foot Journal* 26(1):18–24.

3. Edmonds M, Robbie J, Bewsey et al (2025)

What are the core services that a person with an active diabetes foot problem should expect from the multidisciplinary diabetic foot team? A Position Statement from the ZAP Amputation group of FDUK (Foot in Diabetes: UK A Position Statement from the ZAP Amputation group of FDUK. *The Diabetic Foot Journal* 28(1): 1–12.

In summary, ZAP Amputations has provided:

Strategic Influence

- Position statements published in *The Diabetic Foot Journal*, which have helped shape diabetic foot care.
- Raised national awareness of the concept of “missingness”.

Healthcare System Improvements

- Advocated for rapid access to specialist foot care,
- Encouraged the formation of Multidisciplinary Diabetic Foot Teams (MDFTs) .

Mental Health Integration

- Highlighted the role of psychological distress and poor health literacy in delaying care, leading to increased interest in incorporating mental health support within diabetes services.